

RSVP Voluntimes

August 2026



Summer is coming to an end and the RSVP team is gearing up for a busy and exciting fall!

On Wednesday, August 26, we are gathering to celebrate all of you at our annual Volunteer Appreciation Breakfast. You should have received your invitation last month. If you have not RSVP'd, please call us at 505-767-5225 to reserve your seat by August 5. Due to the number of volunteers in our program, we will not be allowing attendees to bring a guest with them to the event.

This year's New Mexico Conference on Aging takes place at the Glorieta Conference Center in Glorieta, NM, on September 23-24. We will be providing more information about how to attend as the event gets closer. For more information about what will be happening at the event, visit <https://www.aging.nm.gov/conference-on-aging>

The CABQ Department of Senior Affairs is proud to announce that the Conway Wood Northwest Multigenerational Center is set to open this fall! They are actively looking for volunteers to assist with the day-to-day operations and classes. If you would be interested in teaching a class, helping with Bingo, or volunteering for other center duties, reach out to Isaiah at 505-767-5225 or ivalenzuela@cabq.gov.

Our team is here to serve you. If you are looking for new volunteer opportunities or need assistance with your current volunteer opportunity, do not hesitate to call us. Our team is happy to help you in any way we can.

Until we see each other again, be well and stay safe,
The RSVP Team

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DSA Administration



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RSVP Office

714 7th Street SW
Albuquerque, NM 87102
505-767-5225

Office Hours

Monday -Friday 8:00
a.m.-5:00 p.m.

Updates & Reminders

Important Dates

08/07: Purple Heart Day
08/16: National Senior Citizens Day
08/26: Women's Equality Day

hello
AUGUST

Volunteer Badge Policy

It is standard operating procedure of the Department of Senior Affairs that all volunteers shall wear a DSA approved identification badge while on City of Albuquerque Property. ID badges must be worn on the outer most layer of clothing above the waist at all times while volunteering.

Mileage Reimbursement

We've received a few questions regarding the mileage reimbursement policy. The mileage reimbursement policy is one round trip per day from your residence to your volunteer station returning home with a maximum of \$25.00 per month.

New Volunteer Orientation

If you are new to the program or need a refresher on how to enter your hours into the Web Assistant, training sessions are held on the second Tuesday of each month at the Barelas Senior Center – RSVP office. To register contact the RSVP office at (505) 767-5225.

JOIN US FOR AN UNFORGETTABLE
RIDE DOWN MEMORY LANE.

RSVP
APPRECIATION
BREAKFAST



SAVE THE DATE

WEDNESDAY, AUGUST 26, 2026
9:00AM - 11:00AM

Formal Invitation to Follow

Advisory Council Members

President

Sonya Hartwell

Vice President

Dorothy Garcia

Secretary

Andrea Garcia-Lansford

Treasurer

Bob Martinez

Judy Spear

Amy Fisher

Tomas Lujan

Nick Manole

Marie Morra

Julie McCullough

Michele Watkins

Misti Melendez

Millie Martinez

Stuart Garber



NEW MEXICO CONFERENCE ON AGING

REGISTER NOW



The countdown is on! Join us

Two days of learning, connection, and celebration for elders, caregivers, and advocates across New Mexico.



SEPTEMBER 23–24, 2026
Glorieta Conference Center

REGISTER TODAY AT
AGING.NM.GOV/CONFERENCE-ON-AGING/

Free for many program participants. Let's make this the biggest one yet.

Celebrations

August Birthdays

1st	Robert F.	11th	John N.	22nd	Margie G. Brian P.	31st	Yixin Z.
2nd	Rosemary D.	12th	Ernest A.	23rd	Mary N.		
4th	Frank M.	13th	Janet O. Allen S.	24th	Bernard U.		
5th	Mary G. Allen P. Jane S.	14th	Gail G.	26th	Lupe R. Edwaard S.		
6th	Ann S.	15th	Michael C. Michael H. Yvonne M. Woody S.	27th	Bo K. Jean S.		
7th	Joseph R. Larry S. Joe V.	17th	Celeste R.	28th	Louisa M. Sunita M. Geri S.		
8th	Charles B. Henry S. Kim T.	19th	Diane M.	29th	Charles C. Guy D. Viola H.		
9th	Robert M.	20th	Max G. Raymond T.	30th	Michael G.		
10th	Connie D.	21st	Gloria B. Carl R.				



Congratulations to the 2026 Appreciation Breakfast Award Winners!

- Ruth Castrodad
- Bob Martinez
- Alyce Bixter

*Thank you for
going above
& beyond.*

Thank you to our event sponsors!



Opportunities

Volunteer Stations

Albuquerque Bio Park Education
Albuquerque Little Theater
Albuquerque Museum
Albuquerque Police Department
Albuquerque Reads
Anderson/Abruzzo International
Balloon Museum
Animal Welfare Department
ARC Thrift Store
Aviation Department
Barelas Senior Center
Bear Canyon Senior Center
Catholic Charities
City of Albuquerque Greenhouse
City of Albuquerque Open Space
Compassus
DSA Advisory Council
DSA Case Management
DSA Home Services
DSA Information & Assistance

DSA Nutrition
DSA Satellite Meal Sites
DSA Sports & Fitness
DSA Transportation
DSA Volunteers in Action
Explora Science Center
Friends of Valle de Oro
Highland Senior Center
Hospice De La Luz
Indian Pueblo Cultural Center
Los Volcanes Senior Center
Lovelace Downtown
Lovelace Women's Hospital
Manzano Mesa Multigenerational
Center
Meals on Wheels
Musical Theatre Southwest
Nat. Hispanic Cultural Center
New Mexico Railrunner
New Mexico Veterans Memorial

NM Museum of Nat. Hist. & Science
NM Aging & Long-Term Services
NM Long-Term Care Ombudsman
North Domingo Baca M.C.
North Valley Senior Center
Palo Duro Senior Center
Popejoy Hall
Presbyterian Healthcare Services
Presbyterian Northside
Read to Me Albuquerque Network
Roadrunner Food Bank
Ronald McDonald House Charities
RSVP
RSVP Advisory Council
Santa Barbara Martineztown M.C.
Storehouse
The Wheels Museum
VA Center for Development and
Civic Engagement
Visit Albuquerque

Special Projects

DSA Home Services

Is in need of volunteer drivers available 20 hours a week (days are flexible) to assist seniors with various chores - replacing batteries & lightbulbs, deliver & setup safety equipment, etc.

Volunteer must have a valid NM Driver's License and City Operators Permit (COP) and be able to carry & climb an 8ft ladder.

9/11 Day of Service

Volunteers needed for September 11th day of service.

Please call the RSVP office for more details.

As part of the New Mexico Grown state initiative, every Thursday, the Department of Senior Affairs will feature a vegetarian meal that incorporates locally sourced fruits, vegetables, beans, or chile into the menu.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Pork Loin 3oz Gravy 1oz Normandy Blend 4oz Diced Beets 4oz Vanilla Pudding 4oz 1% Milk 8oz	4 Meatloaf 4oz Sweet Potato Mash 4oz Succotash 4oz Jell-O 1ea 1% Milk 8oz	5 Breaded Pollock 4oz Tartar Sauce 1pc Rice Pilaf 4oz Green Beans 4oz Dinner Roll 1ea Margarine 1pc Pear 1ea 1% Milk 8oz	6 Green Chile Veggie Cheeseburger 1ea Cabbage w/ Apples & Onions 4oz Diced Potatoes 4oz Oranges 4oz 1% Milk 8oz	7 Chicken Alfredo 4oz Zucchini w/ Red Peppers 4oz Steamed Broccoli 4oz Applesauce 1ea 1% Milk 8oz
10 Salisbury Steak 4oz Gravy 1oz Scalloped Potatoes 4oz Spinach w/ Onions 4oz Dinner Roll 1ea Margarine 1pc Banana 1ea 1% Milk 8oz	11 Carne Adovada 4oz Calabacitas 4oz Pinto Beans 4oz Flour Tortilla 2ea Apple Slices 4oz 1% Milk 8oz	12 Spaghetti w/ Meatballs 4oz Marinara 2oz Sliced Carrots 4oz Zucchini & Peppers 4oz Grapes 1ea 1% Milk 8oz	13 Cheese Omelet w/ Red Chile 3oz Stewed Tomato 1oz Diced Potatoes 4oz Dinner Roll 1ea Margarine 1pc Pudding 1ea 1% Milk 8oz	14 BBQ Chicken Sandwich 1ea Diced Sweet Potato 4oz Steamed Broccoli 4oz Jell-O 4oz 1% Milk 8oz
17 Teriyaki Beef w/ Brown Rice 3oz Sliced Carrots 4oz Cabbage w/ Apples & Onions 4oz Fortune Cookie 2ea 1% Milk 8oz	18 BBQ Pork 3oz Baked Beans 4oz Spinach w/ Mushrooms 4oz Cornbread 1ea Applesauce 1ea 1% Milk 8oz	19 Shredded Chicken 4oz Brown Rice 4oz Fajita Blend Veggies 4oz Green Beans 4oz Pear 1ea 1% Milk 8oz	20 Vegetable Lasagna 4oz Lima Beans 4oz Garlic Breadstick 1ea Pudding 4oz 1% Milk 8oz	21 Chicken Tamales 2ea Green Chile 2oz Cauliflower 4oz Pinto Beans 4oz Orange 4oz 1% Milk 8oz
24 Sliced Ham w/ Pineapple Sauce 3oz Ranch Beans 1oz Spinach 4oz Cornbread 4oz Peach 1ea 1% Milk 8oz	25 Chicken 3oz Vegetable Stir Fry 4oz Soy Sauce 1pc Brown Rice 4oz Green Beans 4oz Apple Slices 4oz 1% Milk 8oz	26 Beef Steak /Gravy 4oz Grilled Onions 1oz Mashed Potatoes 4oz Corn w/ Peppers 4oz Dinner Roll 1ea Margarine 1pc Watermelon 4oz 1% Milk 8oz	27 Anti-Inflammatory Mediterranean Bean Salad 4oz Broccoli w/ Garlic 4oz Brown Rice 4oz Orange 4oz 1% Milk 8oz	28 Green Chile Cheeseburger 1ea Diced Sweet Potato 4oz Stewed Tomatoes 4oz Jell-O 4oz 1% Milk 8oz
31 Pork Fajitas 4oz Steamed Broccoli 4oz Calabacitas 4oz Tortilla 2ea Orange 4oz 1% Milk 8oz	1 Chicken Parmesan 5oz Brussel Sprouts 4oz Steamed Carrots 4oz Brownie 1ea 1% Milk 8oz	2 Red Chile Beef Enchiladas 4oz Pinto Beans 4oz Spanish Rice 4oz Yogurt 4oz 1% Milk 8oz	3 Elbow Mac & Cheese w/ Broccoli 4oz Spinach/Mushrooms 4oz Wheat Breadstick 1ea Cupped Peaches 4oz 1% Milk 8oz	4 Meatloaf 4oz Green Beans 4oz Cauliflower 4oz Dinner Roll 1ea Margarine 1pc Pear 4oz 1% Milk 8oz